### Toyo Study Abroad Program Fact Sheet for 2025 Fall Enrollment (Exchange)

### **Eligibility** Eligibility Students who are enrolled in our partner universities, ISEP Exchange or UMAP Program A universities and were nominated by their home institution. Students who are enrolled at their home institution for the entire period of study at Toyo University. If the applicant has studied at Toyo University in the past, the total study period must not exceed one year (including previous time at Toyo). Students whose G.P.A. is 2.5/4.0 or higher [Partner U], 3.0/4.0 or higher [ISEP /UMAP]. Students who have a Japanese Language Proficiency Test (JLPT) score of N3 or higher or the equivalent of CEFR B2 or higher in English or who come from a university where the language of instruction is Japanese or English. \*We can accept the following English scores. Cambridge Examination 160 or higher Eiken Pre-1 or 1 **GTEC Advanced** 1190 or higher **GTEC CBT** 1190 or higher **IELTS** 5.5 or higher **TEAP** 309 or higher **TEAP CBT** 600 or higher TOEFL iBT 72 or higher TOEIC L&R+TOEIC S&W 1530 or higher \*Please calculate as follows. Formula: TOEIC L&R score+(TOEIC S&W score\*2.5) e.g. TOEIC L&R 800, TOEIC S&W 300 $\rightarrow$ 800+(300\*2.5)=1550 \*Students who don't have a Japanese or English language proficiency test score are required to submit an "English-Language Ability Certificate". Students can access the certificate on our website and Toyo Net-ACE. \*If your home university mostly offers courses in English, you don't need to submit proof of your English language ability. Application fee Students studying at Toyo through partner university exchanges, UMAP Program A, **Tuition** and ISEP Exchange do not need to pay application fees or tuition **Important** Support system - If you need special support or accommodations because of any sort considerations of disability (learning or otherwise), please consult with us early in the application process. A letter from your physician and an accommodation letter from your home university will be required. We will contact you to confirm your situation and determine what kind of support we can provide. Affiliated faculty - During your study abroad program, you will be assigned to a faculty at Toyo that may not necessarily match the faculty/department of your home university. The faculty with which you are affiliated has no bearing on the courses you take while at Toyo. Academic level - Graduate students who participate in the study abroad program at

Toyo are regarded as undergraduate students; however, graduate students who satisfy certain conditions may take some graduate level coursework.

Change of period of study – After you have submitted your online application, it is not possible to change your period of study (from one semester to one year, or from one year to one semester).

**Course list** – Not all Toyo courses are available for study abroad students. Study abroad students choose courses from the list of courses for study abroad students at Toyo. The course list will be available about one month before the semester starts.

**After the exchange program** – You need to return to your country within about two weeks after your program ends. You cannot join an internship/other activities in Japan after your exchange period.

#### Classes

# Academic calendar (provisional)

The academic year of Toyo University is divided into two semesters (spring semester and autumn semester) and four quarters (1<sup>st</sup> quarter – 4<sup>th</sup> quarter). The dates for the spring semester are from 2025. We will notify you about the autumn semester dates once the 2026 academic calendar has been confirmed.

Semester	Spring semester		Autumn	semester
Quarter	1 2		3	4
Term of	April 9 –	June 11 –	Sept. 19 –	Nov.21-
classes	June 10	August 5	Nov.20	Jan.31
Vacation	April 28 – May 3;		Oct. 31 – Nov	v. 6; Dec. 23 –
period	August 6 – Sept.18		Jan.3; Jan 12; J	an 16-17; Feb. 1
			– Mar	ch 31

Examinations will be held during the term of classes.

### Credit system

One credit is awarded for 45 hours of coursework including classes and self-learning. Of these 45 hours, classes account for 15 hours for lectures/seminars, 30 hours for foreign language courses, and 45 hours for experiments/exercises/practices.

\*45 minutes is calculated as 1 hour, so a 90-minute class is calculated as 2 hours.

Class, course, etc.	Number of	Number of class	Learning hours	
	credits	sessions	Class	Preparation
		(per semester)	hours	and review
Lecture, seminar	2	15	30 hours	60 hours
Foreign language	2	15	30 hours	60 hours
Experiment/exercise	1	15	45 hours	0 hour
/practice				

## Number of courses to be taken

To maintain visa status as a college student in Japan, study abroad students are required to take at least 7 courses (10 hours of coursework) per week. There is no upper limit to the number of courses students can take.

### Consultation for courses

Students can consult with an academic advisor at the beginning of their exchange program regarding academic expectations and the higher education culture at Toyo.

Courses available for

The courses you are eligible to take will depend on your language ability as follows.

study abroad			
students	Courses	Requirements	Notes
Students	General academic courses* (Taught in Japanese)	JLPT N2 or above (or the equivalent)	If a 1-year exchange student takes some NEST courses and reaches JLPT N2 level at the end of the 1st semester, he/she can take these courses in the 2nd semester.
	General academic courses* (Taught in English)	English proficiency of CEFR B2 or above (or the equivalent)	If your home university mostly offers courses in English, you can take those courses without meeting any additional requirements.
	Japanese (NEST Courses)  Japanese for Beginners Theory Japanese for Beginners Practice Integrated Japanese Theory Integrated Japanese Practice Japanese Listening Japanese Reading Project Work Japanese Writing Japanese Culture and Society A/B Introduction to Japanology A/B	Mastery of Hiragana and Katakana	*Students who have JLPT N2 or above cannot take NEST courses.  If a student would like to take a NEST course, he/she needs permission from the instructor in charge of the course.
	Regular Japanese language /Japanese culture courses  · Japanese IA/IIA  · Japanese IB/IIB  · Japanese Language and Society  A/B  · Japanese Language and Culture A/B	JLPT N2 or above (or the equivalent)	If a 1-year exchange student takes some NEST courses and reaches JLPT N2 level at the end of the 1 <sup>st</sup> semester, he/she can take these courses in the 2 <sup>nd</sup> semester.
Courses		Outline	
General	*What are general academic course		
academic	General academic courses are cour		to the study abroad students
courses	by the Faculties of Letters, Economics, Business Administration, Law, Sociology,		
(provisional)	Regional Development Studies, (		
,	Tourism Management		
	l Tourism Management		

Note: Not all Toyo courses are available for study abroad students. For your reference, please click the link below to see course lists from past semesters and confirm what you can study during your study abroad period. Most science and computer science courses will not be available to study abroad students.

https://www.toyo.ac.jp/academics/internationalexchange/prospective/exchange\_program/#epanc07

Grading criteria	/Awarding o	of Credits				
Criteria for performance	Pass/Fail	Grade	Range of grade points	Criteria		
appraisal		S	100 - 90	Sufficiently reached the attainment target with outstanding results.		
	Pass	Α	89 - 80	Sufficiently reached the attainment target.		
		В	79 - 70	Reached the attainment target.		
		С	69 - 60	Barely reached the attainment target.		
		D	59 - 40	Some evaluation items have not reached attainment target.		
	Fail	E	39 or lower	All or most of the evaluation items have not reached attainment target.		
			Not	Appraisal requirements such as attendance,		
		*	sufficient for	examination, and report submission are not		
	appraisal		appraisal	sufficient for appraisal.		
	You will rec	eive a grad	ve a grade for each course for which you are registered.			
	•		meet the appraisal requirements, your performance record for the class			
			ed with "*"(Not sufficient for appraisal.)			
Awarding of Credits	Credits can	only be av	nly be awarded for courses for which students received "Pass" results.			
Academic	Your acade	emic trans	ic transcript (PDF) at Toyo University will be forwarded to your home			
transcript	institute by	email or by	nail or by postal mail after you complete the study abroad program. (About			
	one and a h	nd a half months after completion.)				
•	Campuses https://www.toyo.ac.jp/en/about/access/					
Campus where study abroad program is offered.	Campus	;	Faculty			
0	Hakusan	Letters	Letters, Economics, Business Administration, Law, Sociology, Global			
		and Re	and Regional Studies, and International Tourism Management			
Not offered	Akabane-	Inform	Information Networking for Innovation and Design			
	dai	Design	Design for Welfare Society, Health and Sports Sciences			
	Kawagoe Science and Engineering/ Information Sciences and Arts		ring/ Information Sciences and Arts			
	Asaka	Life So	Life Sciences/ Food and Nutritional Sciences			

Housing	
Introduction	You can move in to the Toyo University dormitory Akabanedai International House ("Al-

	House HUB-4") or Kokusai Kaikan /International House(I-House). The details of the			
	application will be announced in May. If the number of requests for the Al-House/ I-			
	House exceeds the number of spots	available, a lottery will be held to determine		
	placements.			
	*ISEP Exchange students are required to live in the Al-House.			
	It is also possible to stay in other student accommodations, general rental properties,			
	with relatives, etc. Conditions vary fror	m facility to facility, so please be sure to check		
	prospective accommodations carefully.			
	Reference for general rental properties			
	•	ents.jp/en/locations/tokyo/hakusan-house/		
	Nasic: http://749.jp/	,		
	SAKURA HOUSE: http://www.sakura-h	ouse.com/en		
	You need to complete the following war	d office procedures within 2 weeks after arrival.		
	1) Register as a resident of your ward			
	2) Enroll in Japan's National Health Ins	urance plan		
	3) Apply for tax exemption			
	-For those who live in the Al-House HU	IB-4 or Kokusai Kaikan/I-House		
	International Affairs Office staff will help	you out with the above procedures.		
	-For students who live in Bunkyo ward o	or Kita ward, but NOT in Toyo University housing		
	International Affairs Office staff will help	you complete the above procedures.		
	*If you come to Japan other than on the arrival dates which are specified by Toyo			
	University, our International Affairs Office staff will not help you with the above			
	procedures. Please kindly complete the ward office procedures by yourself within 2			
	weeks after arrival.			
	-For those who live in areas other than Bunkyo ward and Kita ward			
	Please kindly complete the ward office procedures by yourself.			
	* All information above is subject to change.			
Facility	AI-House HUB-4	Kokusai Kaikan/International House (I-House)		
Arrangement	·	pplies via website.		
Address	〒115-0053 Akabanedai 1-7-37, Kita-	〒113-0022 3-2-4 Sendagi, Bunkyo-ku,		
	ku, Tokyo (35-minute commute (15	Tokyo(15 minutes on foot from Hakusan		
	minutes by train plus 17minutes	Campus)		
	walking) from Hakusan Campus, on			
Davia d of Ctarr	Akabanedai Campus)			
Period of Stay		niversity students		
	September 8, 2025 through February 28, 2026 (1 semester)			
	September 8, 2025 through August 8, 2026 (1 year)			
	*ISEP students:			
	September 8, 2025 through February 10, 2026 (1 semester)			
	September 8, 2025 through August 8, 2026 (1 year)			
	Please note that you cannot move-in before the above designated date.			
	Please note the above deadlines for	or leaving dormitory are subject to change.		

Rent and room type	98,500JPY/month  Breakdown: Rent 96,000JPY/month Renting bedding 2,500 JPY/month All rooms are singles. There are shared spaces for kitchens, showers, and toilets.	►Single-occupancy bedroom  83,500JPY/month  Breakdown:  Rent 81,000JPY/month  Renting bedding 2,500 JPY/month
	Breakfast and dinner on weekdays (during periods when classes are in session), electricity, water, heat, and internet are included in the housing fee.  If you make excessive use of utilities,	►Double-occupancy bedroom  53,500JPY/month  Breakdown:  Rent 51,000JPY/month  Renting bedding 2,500 JPY/month
	you may have to pay a separate overuse fee.	Even if you are placed in a single-occupancy bedroom, living, kitchen, bathroom and toilets are shared space.  If you wish to have a complete private room for health or other reasons, please consult with us in advance.  Depending on availability, you may not be assigned the room you want.  Electricity, water, heat, and internet are included in the housing fee. If you make excessive use of utilities, you may have to pay a separate overuse fee.
Payment method	After arriving in Japan, you will be requ convenience store every month. The bill will be delivered via postal mai	lired to pay the accommodation fee at a
Facility/equipm ent	○Refrigerator ○Air-conditioner ○Desk     ○Chairs ○Curtains ○Closet ○WIFI     ○Bed  *You need to pay for renting bedding.	oBath oToilet oWashstand o Hot water supply equipment oRefrigerator oKitchen oOven oMicrowave oAir conditioner oWashing machine o Dryer oTV oBed oBedding o Desk oChairs oCurtains oCloset oTable (except for studio style units) o WIFI *You need to pay for renting bedding.
Common facilities	oLobby oCafeteria oShared kitchen oShower room oToilet oLaundry room oMultipurpose room oStudy room oMusic studio	○Lobby ○ Multipurpose room
Managers and securities	There are resident managers who oversee the management and operation of the building. (8:00AM-7:00PM)	There are two resident managers who oversee the management and operation of the building. (8:00AM-7:00PM)

Desident	Security guards are on duty in the evening (7:00PM-8:00AM).		
Resident		ants provide support to study abroad students	
Assistant (RA)	and organize social and educational ev		
	Only Al-House has special monthly pro	ograms for residents.	
Transportation	11,860 JPY for a 3-month student	You don't need a commuter pass because it's	
expenses	commuter pass	within walking distance.	
Website	https://toyo.749.cc/aihouse/	https://toyo.749.cc/kokusai/	
Remarks	Upon receiving the acceptance letter	Upon receiving the acceptance letter from	
	from Toyo, residents are required to	Toyo, residents are required to sign and	
	sign and submit an agreement on	submit an agreement on terms of use. Those	
	terms of use. Those who cannot who cannot agree to the terms of use will n		
	agree to the terms of use will not be be permitted to move in.		
	permitted to move in.		
		·With the exception of Toyo students,	
	·Visitors, including family members,	visitors, including family members, are not	
	are not allowed to enter the room.	allowed to enter the room.	
	· Please check the occupancy guide · Please check the occupancy guide for more		
	for more details.	details.	

Life in Japan	
Meals	Campus cafeteria: Meals are available for about 550 JPY. The cafeteria is open 10:00 am to 8:00 pm, Monday through Saturday except during the university's long vacation periods and holidays.  There are many supermarkets, convenience stores, and restaurants around Hakusan Campus.
Health	Study abroad students are required by Japanese law to enroll in Japanese National
Insurance	Health Insurance (NHI). The insurance fee is approximately 1,900 JPY per month. With Japanese National Health Insurance, students only have to pay 30% of the medical costs when they go to see doctors. More details about the insurance are provided during orientation sessions to be held upon your arrival. You will apply for NHI during orientation. In addition, we strongly recommend you to make arrangements for voluntary travel insurance in your home country that covers emergencies.
Student ID	Toyo University issues study abroad students a student ID card, which is used to
card	access Toyo University's libraries and PC rooms. This card also allows students to obtain discounts for travel fares, museum entrance fees, theater fees, etc.
Bank account	Study abroad students can open a bank account with a Japanese bank after they arrive in Japan. It takes about two weeks to open a bank account. Remittances from overseas to Japan usually take approximately one week to 10 days. We strongly recommend bringing a credit card which can be used in Japan. You cannot apply for a Japanese credit card until 6 months after you have registered as a resident.
Part-time	As a study abroad student, it is possible to get a part-time job and work up to 28 hours

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per week. To do so, you must acquire Permission to Engage in Activity Other than that Permitted under the Status of Residence Previously Granted. You may get this Permission at the airport upon arrival or by going to the Regional Immigration Bureau. \*The income of a part-time job is not enough to cover all the rent, food and other expenses while studying abroad. Make sure you have other ways to cover the expenses of studying abroad.

### Living Expenses

## Living expenses

[For one month]

Meals (approximately 50,000 JPY~)

### (Excluding housing)

\*Residence in the Al-House HUB-4 includes breakfast and dinner on weekdays except during long vacation periods. Beyond that, you should budget approximately 30,000 JPY for meals.

National Health Insurance fees (1,900 JPY∼)

SIM card or phone bill (3,000JPY~)

Other, such as transportation fee (5,000JPY~)

\*If you include commuter pass, you will need more than 10,000JPY $\sim$ 

[For semester]

Textbooks and reference books (20,000 JPY~)

Since Japan is still primarily a cash-based society, there are many cases where credit cards are not accepted. Study abroad students are recommended to have at least 150,000 to 200,000 JPY in cash for their first two months.

\*If you live in the AI-House or I-House, you will need to pay your September and October accommodation and bedding rental fees in September by cash.

#### Visa Procedure

Study abroad students are required to obtain a Certificate of Eligibility and a visa for entering Japan.

- [Certificate of Eligibility] After you submit your completed application for Certificate of Eligibility (COE) to Toyo University Support Office for COE and Status of Residence (TUGS Office), they will apply for your COE to the relevant immigration bureau. We will then upload the COE data on our portal system.
- .• [Visa] A visa should be obtained in a Japanese diplomatic office in your home country.

### Certificate of Eligibility (COE)

You need to present your COE when you apply for a visa at a Japanese diplomatic office in your country. The COE also has to be submitted to the immigration officer when you receive landing screening at the port of entry so please print your COE and bring it with you. The COE becomes invalid unless you apply for landing (entry into Japan) within three months of its issuance.

\* The Certificate of Eligibility verifies, at the time of landing screening, that the activity in which a foreigner wishes to engage in Japan is not false and that the activity matches landing qualifications such as being an activity stipulated by a relevant status of residence under the immigration law (except the status of residence for short-time [three months] visitors). This document is issued by a regional immigration bureau under the jurisdiction of the Ministry of Justice to foreign nationals in advance of their arrival in Japan.

### Financial Supporting

In order to obtain the COE, you are required to submit proof (in the form of bank statements, certificates of scholarships, etc.) that you can support yourself financially

Documents	with the equivalent of 150,000 JPY per month for your study period.
Visa	A visa is issued at a Japanese diplomatic office in your country. It is usually issued
	within five days of application. You are expected to enter Japan within three months
	of the issuance of the visa. The visa you will obtain is valid either for one year or 6
	months, allowing you to enter Japan multiple times during your stay.
	* A visa signifies the judgment that a foreigner wishing to enter Japan has been deemed suitable to enter and
	stay in Japan. Please be aware that a visa does not guarantee the permission of entry (stay), but is deemed as
	one of the requirements for landing application at the port of entry (airport/seaport). As in many countries, Japan
	has a system in which a foreigner wishing to enter Japan is required to have permission from immigration offices,
	i.e. the said Certificate of Eligibility, in addition to a visa.

### Visa application procedure

[Necessary items for visa application procedure]

- Visa application form (available at a Japanese diplomatic office in your home country) Valid passport
- Two photos (size: 45 x 45 mm, taken within six months of the date of visa application.)• Certificate of Eligibility (COE)
- Letter of Acceptance issued by Toyo University (photocopy)
  Information regarding visa/residing in Japan Please check the latest information.
  http://www.mofa.go.jp/mofaj/toko/visa/

### Designated Date of Your Arrival in Japan

Study abroad students are informed of the designated date of arrival in Japan when they receive their letter of acceptance. It is not permissible to use the dormitories before the designated date or to be absent from any orientation session due to late arrival in Japan. Please come to Japan by the designated dates even if you do not plan to reside in one of Toyo's dormitories.

[Tentative arrival dates] September 8, 9, 10 and 11, 2025.

### Orientation

All important information on living and studying in Japan will be provided in detail during orientation. The orientation will cover student registration, issuance of an academic transcript, procedures to be taken at the immigration office and ward office, National Health Insurance, how to open a bank account in Japan, housing, and student life on and off campus. Study abroad students are required to attend the orientation.

#### Point of contact

Regarding your exchange program

International Affairs Office, Toyo University: 5-28-20 Hakusan, Bunkyo-ku, Tokyo 112-8606 E-mail:mlies@toyo.jp

Regarding your COE, PUGS System and Visa

Toyo University Support Office for COE and Status of Residence (TUGS Office)

E-mail: toyo-pugs@tugs.co.jp